Charles Darwin School

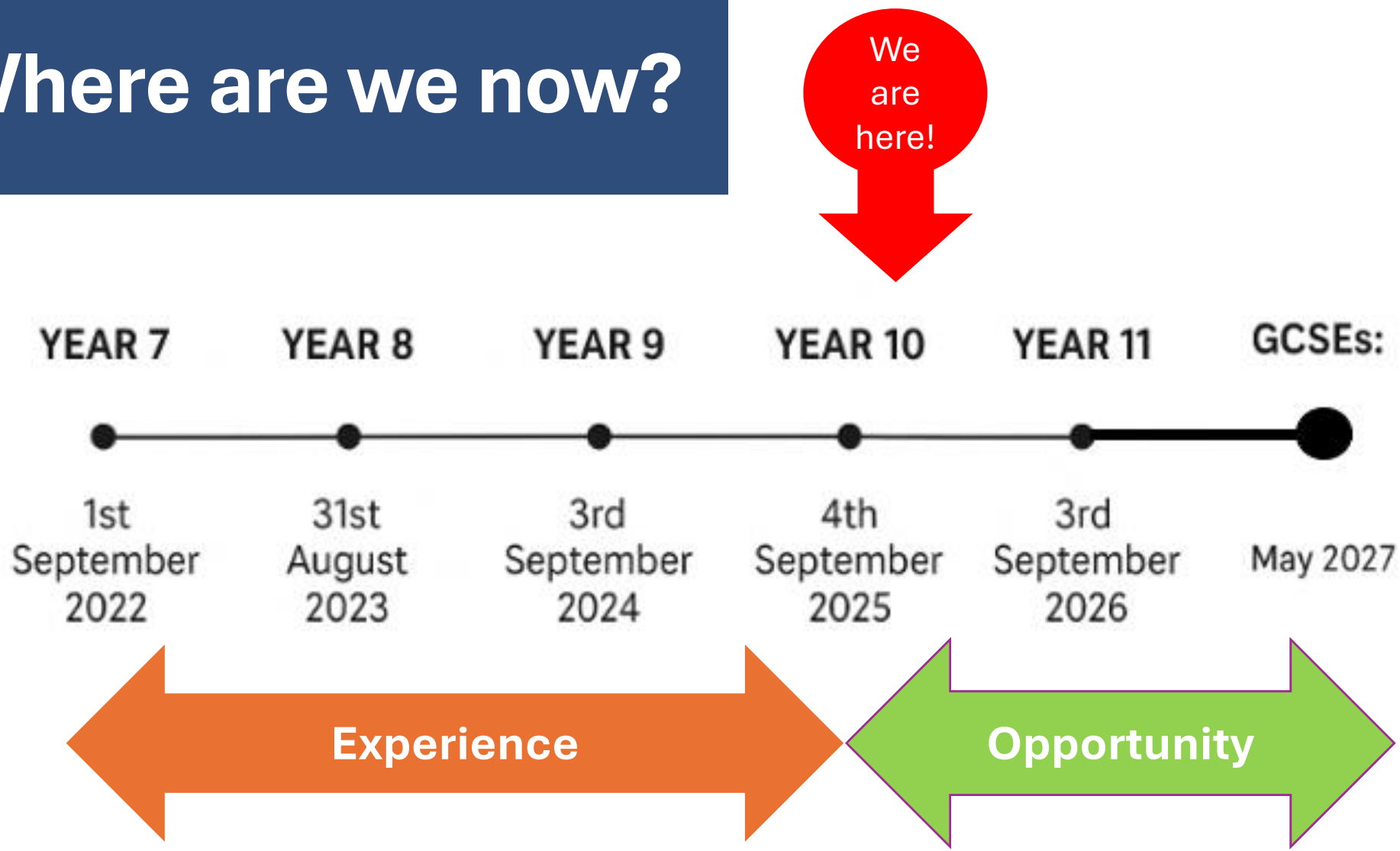
Welcome parents, carers and students to….

Year 10 GCSEs Essential Information Evening

Miss Amie Gillespie – Head of Year 10

Mr Rob Jones – Assistant Headteacher

Where are we now?



Aims of the evening

To inform parents and carers of essential information to support their children on essential GCSE information including.

1. Overcoming barriers
2. Having the right mindset for success
3. Planning for GCSE success
4. strategies to support active hard thinking

General Administration

Information Booklet includes…

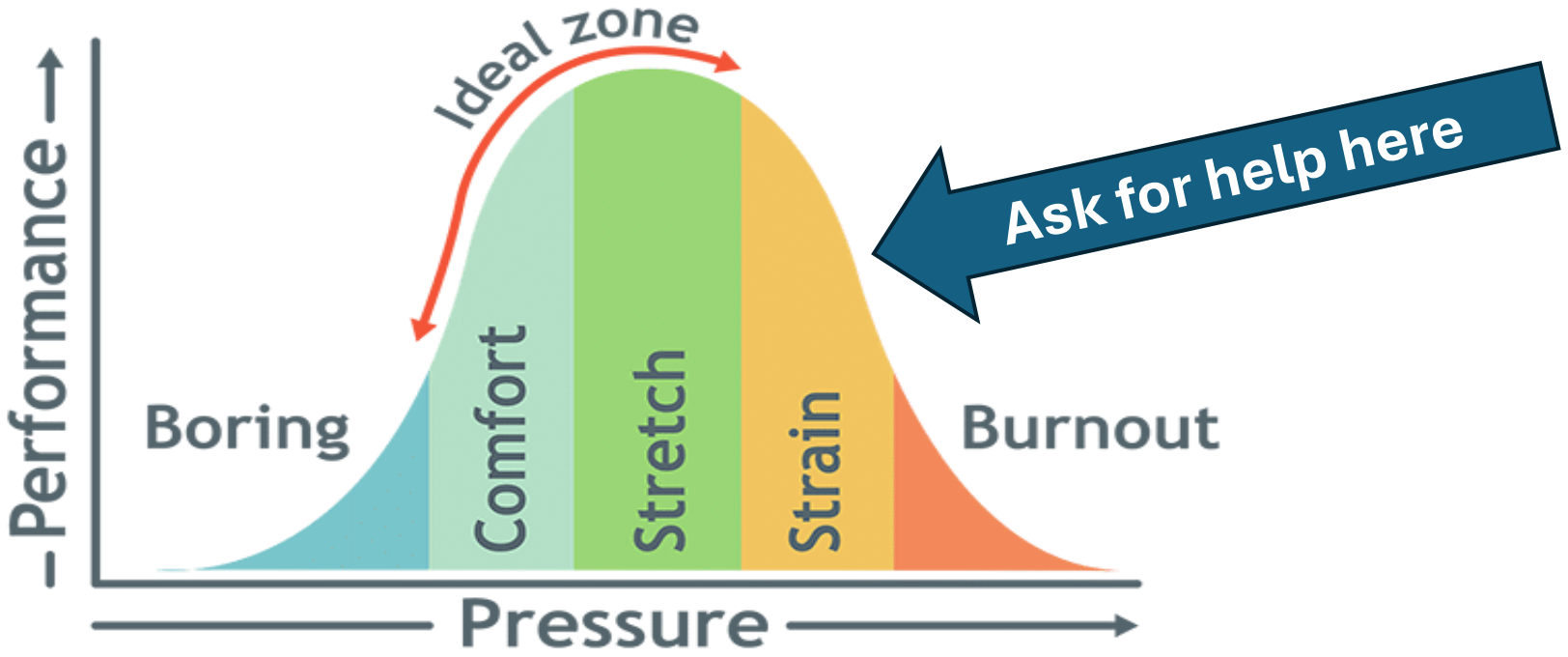
- Detailed subject information including assessments
- Revision guides and platforms for each subject
- Relevant staff information
- Steps for success (advice for parents, carers and students)

- Are you receiving the weekly LINK?
- Are you receiving call-parent texts?
- Do you have access to your child's Satchel one?

If you haven't already ticked the sign in sheet with this information, please do so on your way out.

Jump to GCSEs

- Jump to GCSEs is hard – it is so normal for students to feel this way
- New teachers, harder work, new class dynamics
- Pressure is GOOD – in the right amount



Grouping & Setting

Options Blocks: all mixed ability

English:

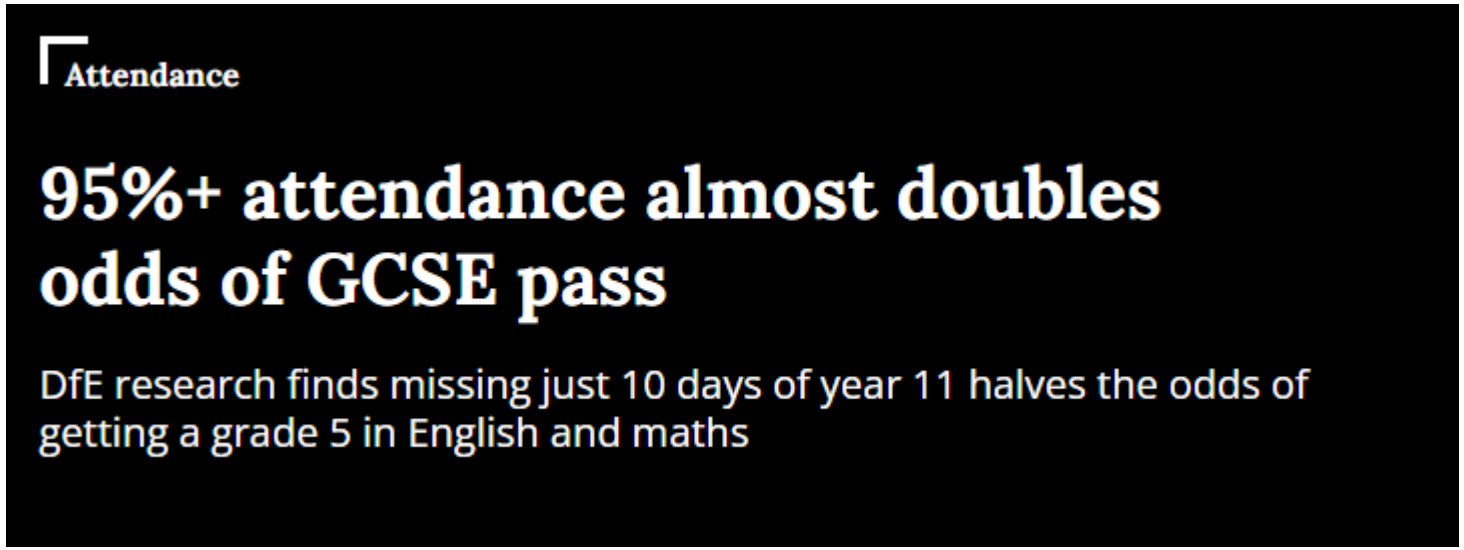
TOP SET	X1	Y1
SET 2	X2	Y2
SET 3	X3	Y3
SET 4	X4	Y4

Maths and Science:

TOP SET	Q1
SET 2	Q2
SET 3	Q3
SET 4	Q4
SET 5	P1
SET 6	P2
SET 7	P3
SET 8	P4

You will be in the same half for both, but not necessarily same set

Attendance & Punctuality



- Three times more likely for 5+ in core subjects
- Twice as likely to gain passes across the board
- Circumstantial*

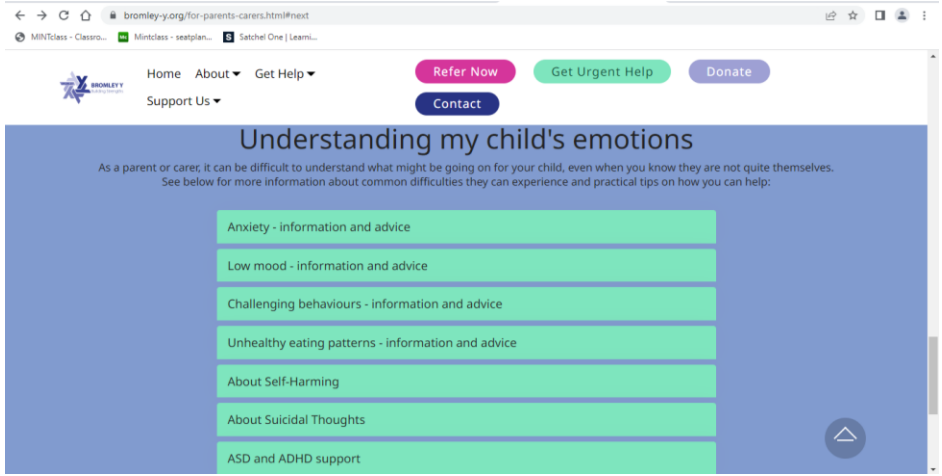
Punctuality

- Each lesson starts with a “**do now**” activity – normally a **recap** on the previous lesson/lessons/topic
- This is **essential for recall** – this happens withing the first 5-10 minutes of lessons
- Lateness means students miss out on this essential recall and disrupts the flow of the lesson

Stress/Mental Health Support

In school

- Pastoral Team and trusted adults in school
- Drop-in sessions – every Mon-Thurs morning from 8-8:30
- In school counselling



Outside of school

- GP
- Bromley Y Webinars
- Croydon – Off the Record
- Bromley Y self referral
- Kooth
- Childline
- CAMHS



Revision – What is Appropriate?

2+ hours most nights either revising or completing homework (15 min slots)

Making notes, mindmaps, flashcards, memorising

Different strategies, e,g pacing, reciting notes to a rhythm or tune, reading notes out loud or in an accent

Completing exam papers and self-marking

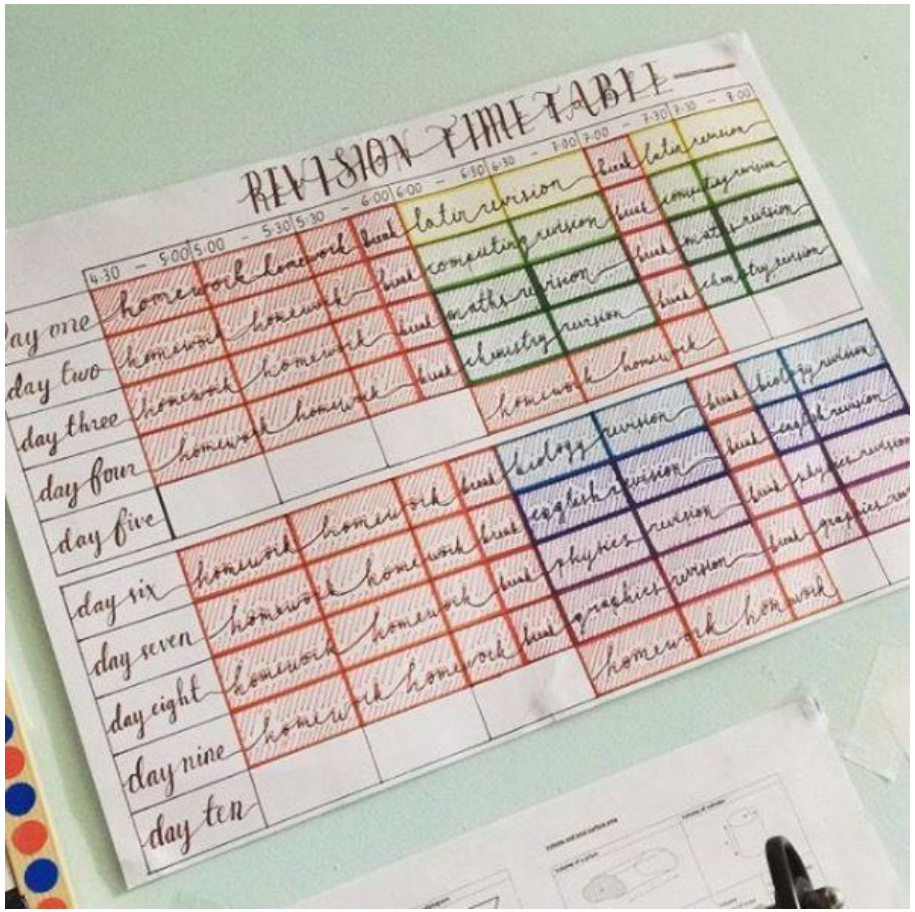
YouTube videos-Science, Maths explanations

Use Personalised Learning Checklists or exam specifications to organise folders and tick off topics that have been completed

Use revision guides and workbooks

REVISION TIMETABLES

- Add in school commitments first and add extra-curricular clubs / jobs.
- Leave room to increase study time as the year progresses and be sure to include ‘down –time’.
- It’s important that students get the balance right –they shouldn’t be working every waking hour of the day and at the same time, should not be cramming the night before a mock or real exam.
- It’s a good idea to break subjects down into specific topics / areas to revise.



My Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00							
07:00							
08:00							
09:00							
10:00							
11:00							
12:00							
13:00							
14:00							
15:00							
16:00							
17:00							
18:00							
19:00							
20:00							
21:00							

Mock Exams & Access Arrangements

- Year 10 PPEs
  - Beginning 15th June
  - In main hall for core subjects and large option bocks

- Access arrangement testing in January
  - May not be available for mock exams

If you had to go back to the beginning of year 10, what would you do differently?

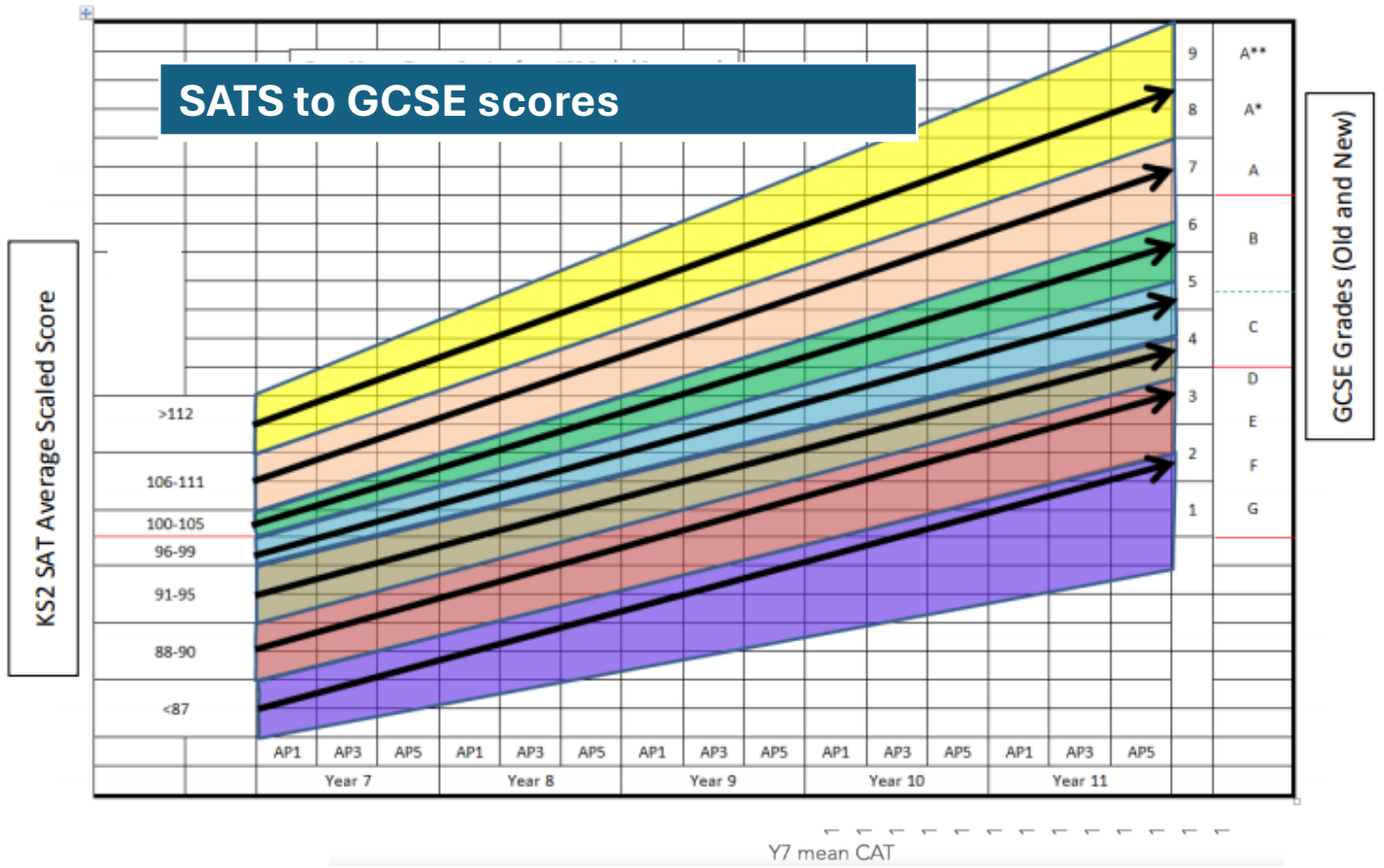
lock in early doors

Name (Optional): Harry Dixon

Target grades

Each of you will have a target grade. This is based on the CAT tests you did in year 7 in the sports hall.

These scores give a 90% confident target of where you are likely to be at GCSE.



Year 11 top set students said this.....

"I wish I'd worked harder in year 10"

"Year 10 is half of your GCSE, I should have put in twice the work earlier on"

"Revision for year 10 was less serious.....it was only end of year exams"

"These were not real GCSEs so I didn't get the motivation to plan and revise.....what I didn't realise was I was going to sit real past papers for these exams and I wasn't prepared"

"My friends said that they were not serious about it. I wish I'd thought about me and not them"

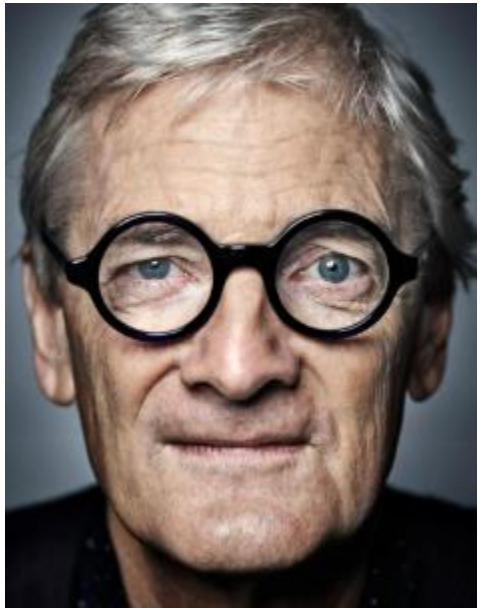
GCSEs can be compared to the 800m.

2 laps. 2 years.





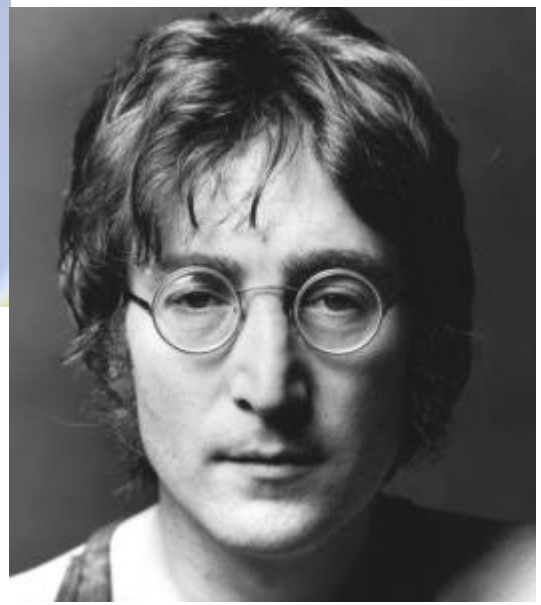

FedEx
FedEx








BULLS
23









A Darwin Mindset



A Darwin Mindset



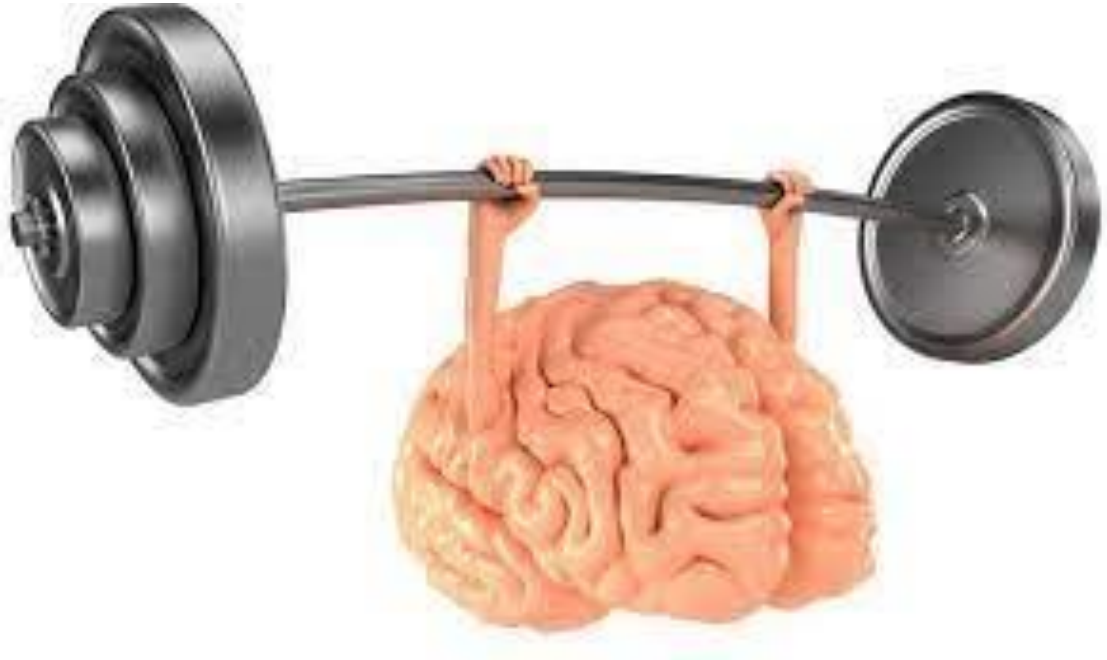
- Challenges help me grow
- Mistakes are part of the learning process
- It's not likely I will get this right the first time
- Practice drives improvement
- I can learn anything I want….but this takes time
- Feedback is constructive

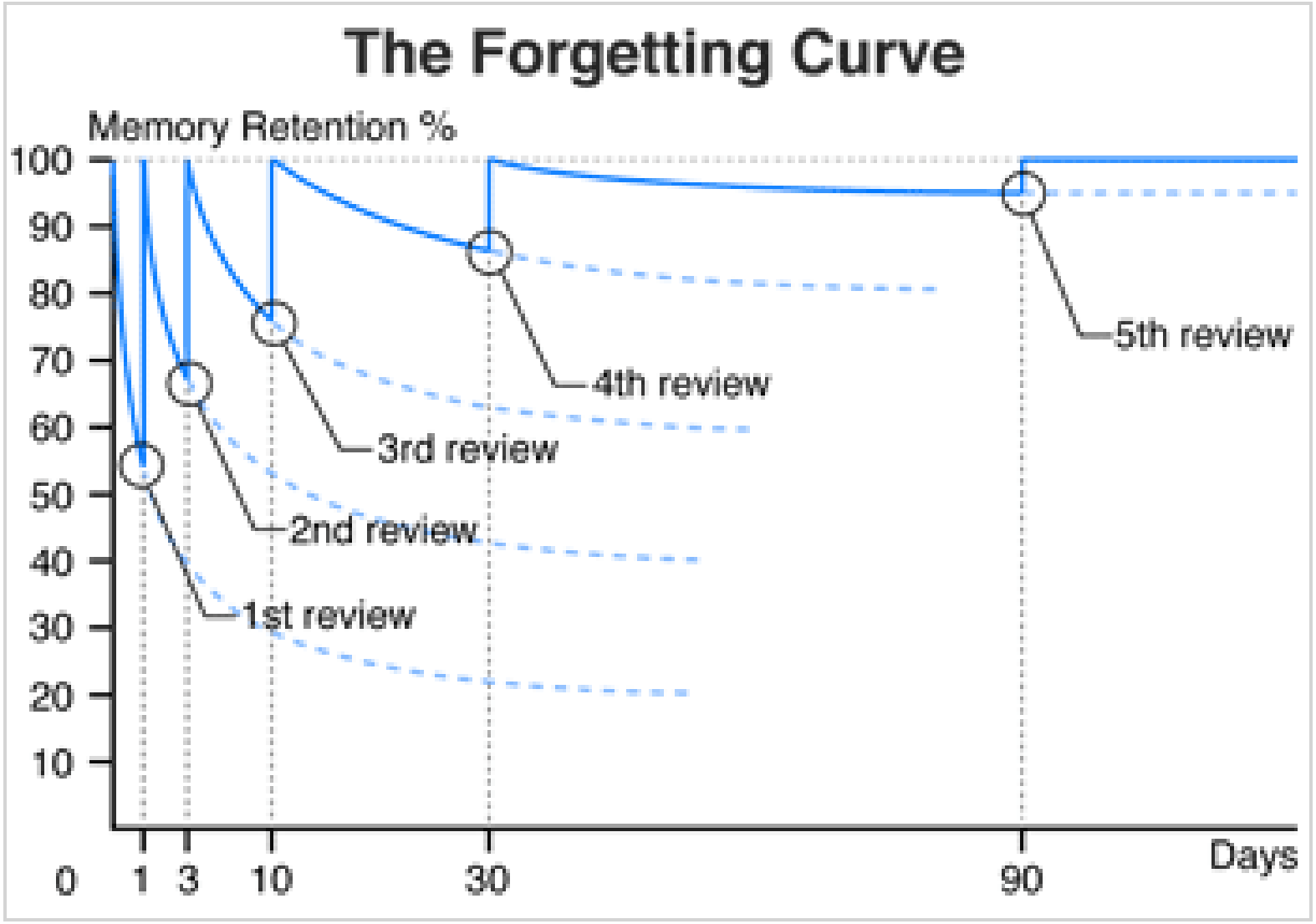
First of all, we must understand how the brain works

The brain is like a MUSCLE

It needs a work out.

It needs challenges to get harder to improve. We call this **neuroplasticity**




The Forgetting Curve
Memory Retention %
100
90
80
70
60
50
40
30
20
10
0
1
3
10
30
90
Days
1st review
2nd review
3rd review
4th review
5th review

What to watch out for at home

External barriers (extrinsic)	Internal barriers (Intrinsic)
Clubs/sports Family commitments Noise/distractions Place to study PS/Xbox/phone/social media Diet/sleep	Fear of failure Lack of motivation

Homework

60-120 minutes for CORE subjects

Homework might differ in subjects where you have coursework

Why do teachers set homework?

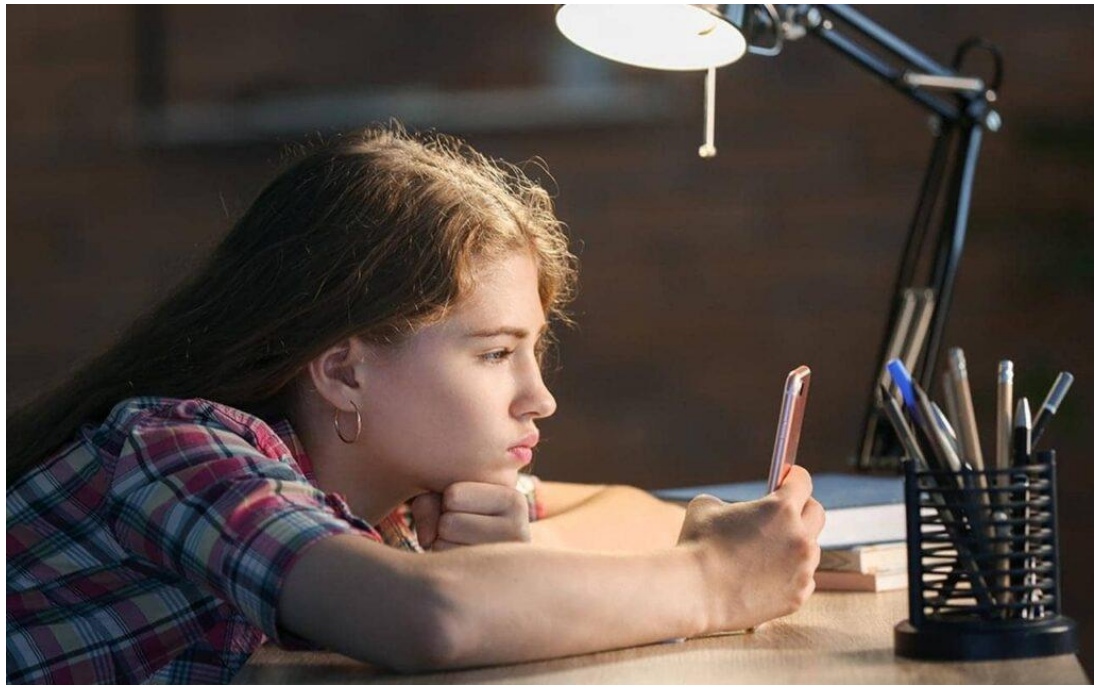
What if you get behind?

Some students might have SEND

Some might miss work through absence

Some might not complete all of the work in lesson

Some students might not have access to books/technology at home.



Where can you find help?

Academic

1. Class Teacher
2. Head of Department/ Faculty
3. Mr Jones – Assistant Headteacher

Pastoral

1. Form Tutor
2. Miss Gillespie (ACo)/ Mrs Haywood (PM)
3. Mr Jones – Assistant Headteacher